

[www.rochesterumc.com](http://www.rochesterumc.com)  
[linktr.ee/cfumc](https://linktr.ee/cfumc)

**Rochester UMC**

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**Rev. Evangeline Rand**

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Open Hearts.  
 Open Minds.  
 Open Doors.

**The people  
 of The United  
 Methodist  
 Church®**



# Caring & Sharing

## Vangie's Voice



### We are Good Enough

Perfectionism is the enemy of “done” .... or so I've been told. I don't know about you, but I have a difficult time turning something in that I know doesn't reflect my best.

Perfection was an important concept to early Methodists. At ordination, elders are asked 19 questions, 3 of which are about being perfected: “Are you going on to perfection?”, “Do you expect to be made perfect in love in this life”, and “Are you earnestly striving after it?”

I believe the 21<sup>st</sup> century concept of perfect is much different than what our 18<sup>th</sup> century spiritual ancestors intended. Being made perfect in love has a much different connotation than simply being perfect. Being made perfect in love is allowing the Grace of God to move in you, through you, and among you in the Beloved Community.

In this understanding and not the 21<sup>st</sup> concept of being perfect outside of love, we embark on our series for the season of Lent: **“Good Enough: Embracing the Imperfections of Life and Faith”**. The series is inspired by a devotional from Kate Bowler called “Good Enough”.

Kate Bowler is an author, podcaster, and seminary history professor that specializes in research around the “prosperity gospel”. The interpretation of scripture into “prosperity gospel” is heresy. It's the idea that we should work hard so that we can become financially wealthy. It's easy to see some televangelists work this gimmick, but if we aren't careful, that thinking can seep into our subconscious. From the series overview, Dr. Marcia McFee comments that Bowler is:

...a relatively young person living with stage four colon cancer, discovering she had fallen into the same trap her research is about: the belief that we can all “bootstrap” ourselves into a perfect life. Sound familiar? This idea is so baked into our con-

**Pastor Vangie Cont'd**

Book a time with the pastor by calling the office, sending an email, or through this link:

[calendly.com/pastorvangierand](https://calendly.com/pastorvangierand)

sciousness that sometimes we think God requires this perfection of us, and we end up falling continually short.

Perhaps we need a new word for the early Methodist concept of “perfection”; I’ll leave that to other theologians. Maybe by embracing what seems messy and “imperfect”, we can let God’s grace flow in more profound ways. Maybe, like Dorothy in the Wizard of Oz, we have what we need the entire time. It takes a click of the heels and a prayer (“there’s no place like home.”) and we wake up to love all around us.

As Dr. Marcia McFee asks through this worship series:

So what if we stopped climbing and started fertilizing, watering, and blooming right where we find ourselves? Welcome to a Lent of affirming a faith in which we are blessed, *regardless*, and where we can lean into embracing our “good enough” lives.



**CFUMC:**

Henry Wegener | Mar 18  
Marshall Murray | Apr 17  
Cedar Conley | Apr 4 20  
Donna LaLond | Apr 21  
Evelyon Byrd | Apr 21  
Janice Garland Apr 29

**RUMC:**

Sage Krueger | Mar 9  
Erma Hamilton | Mar 11  
Sandy Taylor | Mar 18  
Jose Velazquez | Mar 28  
Bruce Baldwin | Apr 1  
Lily Puckett | Apr 14  
Robbie Rayment | Apr 21  
Margaret Wharton | Apr 24  
Paxton White | Apr 24  
Don Cottam | Apr 24  
Katy Turkell | Apr 28

*a blessing for a  
joyfully mediocre  
journey*

"BLESSED ARE YOU WHO REALIZE  
THERE IS SIMPLY NOT ENOUGH-TIME,  
MONEY, RESOURCES.

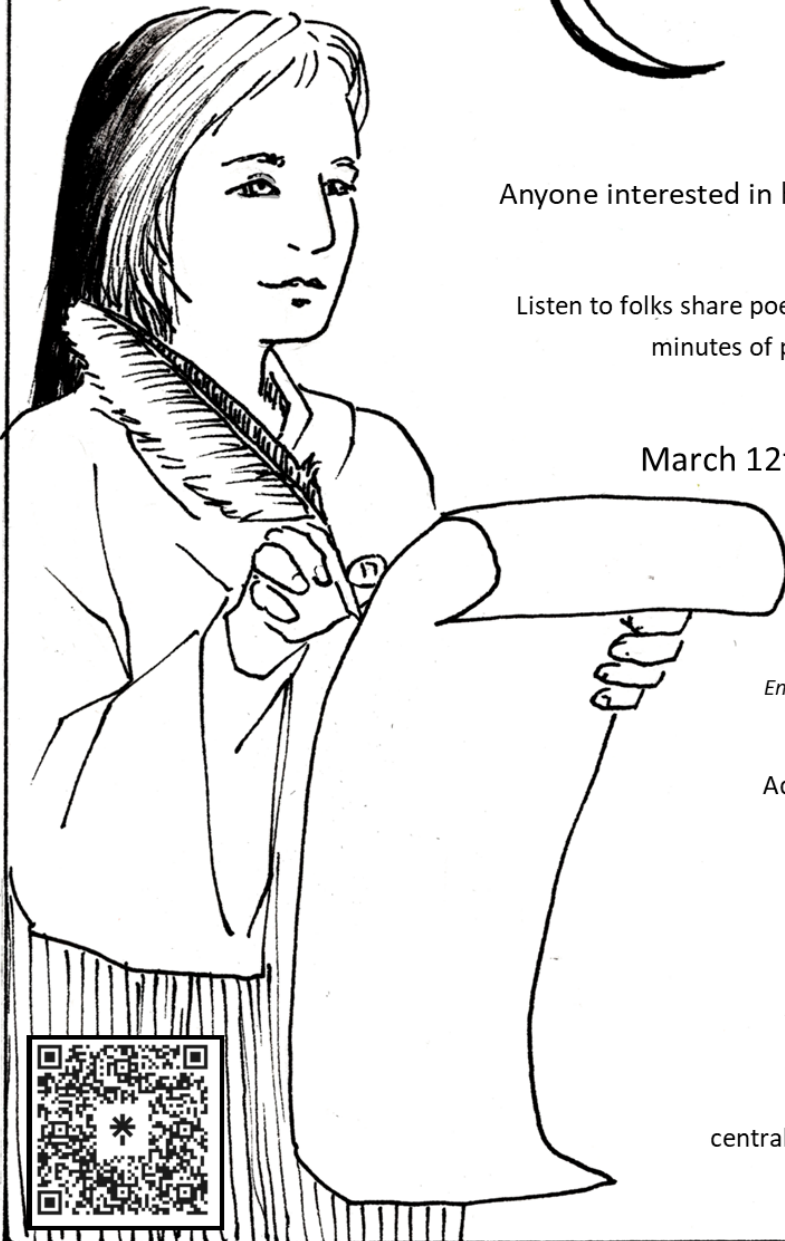
BLESSED ARE YOU WHO ARE TIRED OF  
PRETENDING THAT RAW EFFORT IS  
THE SECRET TO PERFECTION.  
IT'S NOT. AND YOU KNOW THAT NOW.

BLESSED ARE YOU WHO NEED A  
GENTLE REMINDER THAT EVEN NOW,  
EVEN TODAY,  
GOD IS HERE, AND SOMEHOW, THAT IS  
GOOD ENOUGH."

- from "Good Enough"  
by Kate Bowler & Jessica Richie

#AGOODENOUGHLENT

# POETRY READING



**Who:**

Anyone interested in hearing or reading poetry, all sorts.

**What:**

Listen to folks share poems. Also, a chance to read up to seven minutes of poetry, original or admired.

**When:**

March 12th, 7:00 PM—8:30...?

**Where:**

Centralia First United Methodist Church  
506 S. Washington Ave, Centralia  
*Enter from parking lot between Oak and Plum streets.*

**How:**

Admission: One (1) non-perishable food item for our Little Free Pantry, either for two-legged or four-legged creatures.

**Why:**

Because we like you!  
*Also: Some fabulous door prizes from local businesses:*



centraliafirstumc@gmail.com

<https://linktr.ee/cfumc>



Centralia First  
United Methodist Church  
A Safe Place to *Belong!*

# Soup on Sunday

## Last Sundays of the Month

506 S. Washington Street  
Parking Lot between Oak and Plum streets

4:30 to 6 p.m.

*Soup to go*  
WEATHER DEPENDING

<https://linktr.ee/cfumc>



# THRIFT SHOP

OPEN 1ST & 3RD  
FRIDAYS & SATURDAYS

10:00AM - 2:00PM

CASH ONLY

**R**ochester  
United Methodist Church



18214 CORVALLIS ST., ROCHESTER, WA 98579

[rochesterumc.org](http://rochesterumc.org)

# Voice From the Front Pew

*By Glynda Shaw*

*Connectional Someday--:*

It has been brought to my attention that at the recent Connectional Sunday we sat together as segregated groups at the potluck celebrating Snoopy Smith. The pronoun “we” is incorrect as I was sitting with a dear friend from Rochester. Perhaps that doesn't count because as I've pointed out a couple of times: I have a foot in each camp.

The thing is whatever our differences Centralia and Rochester UMC(s) are closest in ideals and theology than we differ. I think it's very possible that in outlooks and aspirations for our religious continuance, we are actually closer than most of us imagine. Unfortunately we'll never know whether I'm correct or close to--if we don't put the idea to a test.

What is it that keeps us from really knowing each other? I haven't found it too threatening to show up at my second home church! Okay, here's a spark, not a blueprint. What if a bunch of us, a big bunch or a little, got together--somewhere: and formed little groups. Each group must have at least two from each church. Once we have our groups, what? Well, each group takes up some matter of interest selected in advance by--anybody. We can talk about the ideal church layout, the optimum length of a sermon, the preferred type of communion bread,,Star Trek, our favorite spiritual book? Just as long as we talk and endeavor to agree at some level.

Where should we do this activity? Obviously not at Centralia or Rochester UMC. Perhaps we can borrow a nearby church for a couple of hours, find a banquet room in a restaurant, crowd a restaurant at a time custom is low. If we can't do something like that, at least let's take measures to seat ourselves with a “neighbor”. Though I prefer the above idea, for the love of God/ess please, let's Talk!

--Glynda Shaw



## Centralia Community Concert

Thursday, March 20th at Centralia College  
**7pm in Corbet Theatre inside  
Washington Hall.**

*Matthew 6:20-21*

... BUT STORE UP FOR  
YOURSELVES TREASURES IN  
HEAVEN, WHERE NEITHER MOTH  
NOR RUST CONSUMES AND  
WHERE THIEVES DO NOT BREAK  
IN AND STEAL. FOR WHERE  
YOUR TREASURE IS, THERE YOUR  
HEART WILL BE ALSO.

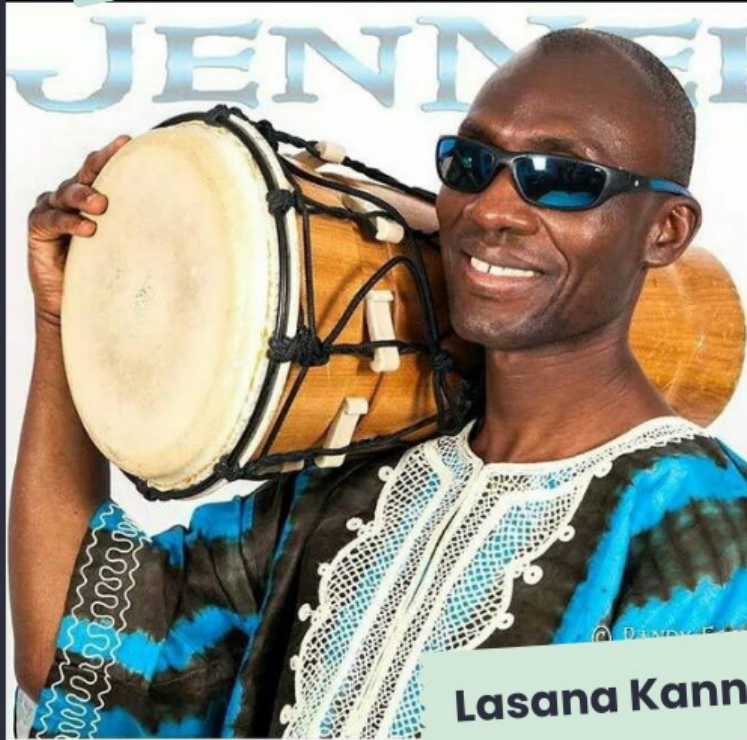


#AGOODENOUGHLENT



IjenNeh  
Ministries

# SPECIAL GUEST



**Lasana Kanneh**

Drumming, music and story from **Lasana Kanneh.**

Born blind in Liberia, His struggles turned into song. He has blessed many of our sister churches with his story and music.

2 opportunities to experience his music and storytelling:

- Sunday, March 9 at CFUMC
  - Connexional Sunday, March 30 @ Rochester UMC
- [ijenneh.wordpress.com](http://ijenneh.wordpress.com)

JOIN US BEFORE THE SERVICE!

## Sunday Breakfast

*Rochester*  
United Methodist Church  
*A welcoming place in the name and ways of Jesus Christ*

We might not have pancakes, but our volunteers create a tasty meal in which you are invited to join!

**Sundays @ 10 a.m.**

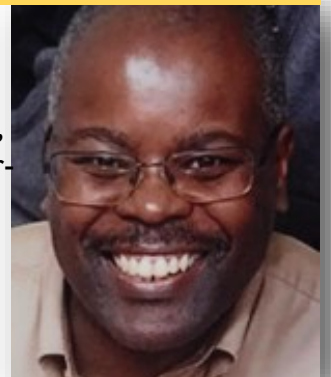
[rochesterumc.org](http://rochesterumc.org)

18206 Corvallis Street



**YOUTH GROUP GATHERINGS:  
WEDNESDAYS @ 4:00 P.M.  
AT ROCHESTER UMC**

Contact Rev. Golden Neal, Youth pastor, for more information.



[abundant\\_life11@hotmail.com](mailto:abundant_life11@hotmail.com)

# WORSHIP SCHEDULES MAR-APR 2025

## Centralia First UMC

March 9 1st Sunday in Lent: "Ordinary lives can be holy." Luke 4: 1-13

March 16 "So much is out of our control." Luke 13: 31-35

March 23 "Lots of things can be medicine." Luke 13:1-9

March 30 Connexional Sunday @ Rochester UMC with Lasana Kanneh

April 6 We are fragile. John 12: 1-8

April 13 Palm Sunday

April 17 Maundy Thursday Soup Supper @ Chehalis UMC

## Rochester UMC

March 9 1st Sunday in Lent: "Ordinary lives can be holy." Luke 4: 1-13 Pastor Vangie

March 16 "So much is out of our control." Luke 13: 31-35 Rev. Golden Neal

March 23 "Lots of things can be medicine." Luke 13:1-9 Pastor Vangie

March 30 Connexional Sunday @ Rochester UMC with Lasana Kanneh

April 6 We are fragile. John 12: 1-8 Rev. Golden Neal

April 13 Palm Sunday Pastor Vangie

April 20 Easter Sunday "A Good Enough Faith" John 20: 1-18 Pastor Vangie

April 27 Message Bringer: Liana White



*Good Enough:*  
Embracing the Imperfections  
of Life and Faith

**Lent**  
**2025**

*What if we stopped climbing and started fertilizing, watering, and blooming right where we find ourselves?*

Welcome to a Lent of affirming a faith in which we are blessed... and where we can lean into embracing our "good enough" lives.

Join us for [#agoodenoughlent](https://www.instagram.com/agoodenoughlent)